

# Sheckler Elementary January '19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Holiday No Meals Served	1 Holiday No Meals Served	2 Holiday No Meals Served	3 Chicken & Cheese Quesadilla WG Assorted Fresh Fruit Refried Beans Baby Carrots Choice of Milk & Daily Selections	4 Pizza WG Green Beans Assorted Fresh Fruit  Baby Carrots Choice of Milk & Daily Selections
7 Chicken Nuggets With WG Pretzel Rod Choice Of Fruit Tater Tots Baby Carrots Choice of Milk & Daily Selections	8 Cheeseburger on a WG Bun  Assorted Fresh Fruit Green Beans Baby Carrots Choice of Milk & Daily Selections	9 Hot Dog on a WG Bun Assorted Fresh Fruit Baked Beans Baby Carrots Choice of Milk & Daily Selections	10 Ham & Cheese Pretzelwich, WG Assorted Fresh Fruit Corn Baby Carrots Choice of Milk & Daily Selections	11 Pizza WG Steamed Broccoli Assorted Fresh Fruit Side Salad Baby Carrots Choice of Milk & Daily Selections
14 Popcorn Chicken With WG Pretzel Rod Steamed Broccoli  Baby Carrots Choice of Milk & Daily Selections	15 Cheesesteak on WG Roll French Fries  Baby Carrots Choice of Milk & Daily Selections	16 Lasagna w/ Tom. Sauce WG Garlic Bread Assorted Fresh Fruit Side Salad Baby Carrots Choice of Milk & Daily Selections	17 Pierogies WG with Meat Sauce Assorted Fresh Fruit Green Beans Baby Carrots Choice of Milk & Daily Selections	18 Pizza WG Steamed Corn Assorted Fresh Fruit  Baby Carrots Choice of Milk & Daily Selections
21 Schools Closed No Meals Served	22 Fish Sticks Tater Tots Assorted Fresh Fruit Baked Beans Baby Carrots Choice of Milk & Daily Selections	23 Hot Turkey with Gravy Stuffing or Mashed Potatoes Assorted Fresh Fruit Steamed Corn Baby Carrots Choice of Milk & Daily Selections	24 Macaroni and Cheese WG Side Salad Assorted Fresh Fruit  Baby Carrots Choice of Milk & Daily Selections	25 Maxx Stix WG With Tomato Sauce Green Beans Assorted Fresh Fruit Baby Carrots Choice of Milk & Daily Selections
28 Chicken Nuggets With WG Pretzel Rod Choice Of Fruit Steamed Broccoli Baby Carrots Choice of Milk & Daily Selections	29 Soft Shell Tacos WG with Lettuce and Tomatoes Assorted Fresh Fruit Refried Beans Baby Carrots Choice of Milk & Daily Selections	30 WG Beef A Roni Side Salad Assorted Fresh Fruit Tater Tots Baby Carrots Choice of Milk & Daily Selections		Daily Selections: Fresh Fruit & Vegetables, Dark Green Salads, WG Dinner Rolls, Entrée Salads, WG PB&J, WG Pizza & WG Pasta, Yogurt, Chicken Sandwiches, and Burgers on WG bun.

WG = Whole Grain

Menu is Subject To Change Without Notice