

MONDAY

Daily Selections: Fresh Fruit & Vegetables, Dark Green Salads, WG Dinner Rolls, Entrée Salads, WG PB&J, WG Pizza & WG Pasta, Yogurt, Chicken Sandwiches, and Burgers on WG bun.

TUESDAY

1 Holiday
No Meals Served

WEDNESDAY

2 Holiday
No Meals Served

THURSDAY

3 Chicken & Cheese
Quesadilla WG
Assorted Fresh Fruit
Green Beans & Tater Tots
Baby Carrots
Choice of Milk & Daily Selections

FRIDAY

4 Turkey Sub w/ Lettuce & Tomato on a WG Bun
Assorted Fresh Fruit
Steamed Peas
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

7 Chicken Nuggets
With WG Breadstick
Choice Of Fruit
Steamed Broccoli
Choice of Milk
Daily Selections

8 Cheeseburger on a WG Bun
Side Salad
Assorted Fresh Fruit
Tater Tots
Baby Carrots
Choice of Milk & Daily Selections

9 Hot Dog on a WG Bun
Assorted Fresh Fruit
Baked Beans
Baby Carrots
Choice of Milk & Daily Selections

10 Ham & Cheese
Pretzelwich, WG
Assorted Fresh Fruit
Green Beans
Baby Carrots
Choice of Milk & Daily Selections

11 BBQ Chicken
Assorted Fresh Fruit
Steamed Peas
Baby Carrots
Choice of Milk & Daily Selections

14 Sausage, Egg & Cheese Sandwich on WG Bagel
Assorted Fresh Fruit
Hash Browns / Broccoli
Baby Carrots
Choice of Milk & Daily Selections

15 Catty Bowl with Mashed Pot. Corn, and Popcorn Chix and a WG Breadstick
Side Salad
Baby Carrots
Choice of Milk & Daily Selections

16 Lasagna w/ Tom. Sauce WG
Assorted Fresh Fruit
Steamed Green Beans
Baby Carrots
Choice of Milk & Daily Selections

17 Chicken Fryz w/ WG Pretzel Rod
Tater Tots, Baked Beans
Assorted Fresh Fruit
Baby Carrots
Choice of Milk & Daily Selections

18 Sloppy Joe on a WG Bun
Steamed Peas
Assorted Fresh Fruit
Baby Carrots
Choice of Milk & Daily Selections

21 No School
No Meals Served

22 Chicken Cheesesteak on a WG Roll
Assorted Fresh Fruit
Green Beans
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

23 Italian Hoagie on a WG Roll w/ Lettuce and Tomato
Assorted Fresh Fruit
Baked Beans
Baby Carrots
Choice of Milk & Daily Selections

24 Ham & Cheese Pretzelwich, WG
Assorted Fresh Fruit
Tater Tots
Baby Carrots
Choice of Milk & Daily Selections

25 Cheesesteak on a WG Roll
Steamed Peas
Assorted Fresh Fruit
Baby Carrots
Choice of Milk & Daily Selections

28 Chicken Nuggets WG With WG Pretzel Rod
Choice Of Fruit
Steamed Broccoli
Baby Carrots
Choice of Milk & Daily Selections

29 WG Beef A Roni Side Salad
Assorted Fresh Fruit
Green Beans
Baby Carrots
Choice of Milk & Daily Selections

30 Soft Shell Tacos WG with Lettuce and Tomatoes
Assorted Fresh Fruit
Refried Beans
Baby Carrots,
Choice of Milk & Daily Selections

31 Grilled Cheese Sandwich WG Tater Tots
Assorted Fresh Fruit
Baby Carrots
Choice of Milk & Daily Selections

1 Buffalo Chicken Subs WG Steamed Peas
Assorted Fresh Fruit
Baby Carrots
Choice of Milk & Daily Selections

Menu Subject to Availability and Change Without Notice

WG= Whole Grain